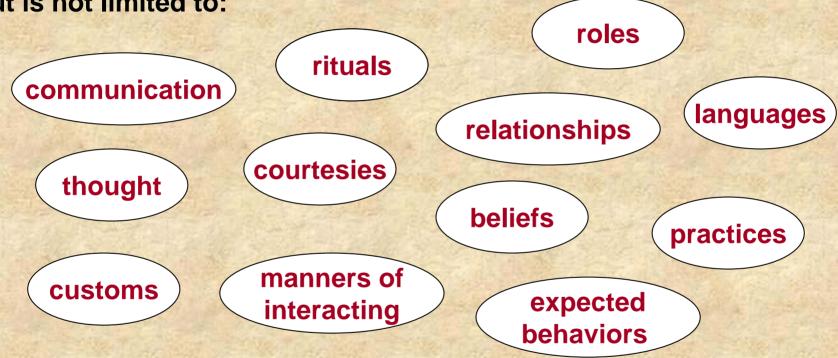
A Closer Look at Culture

Culture

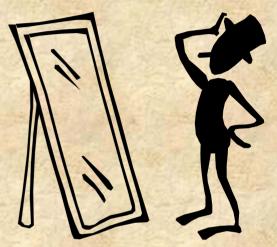
Culture is an integrated pattern of human behavior which includes but is not limited to:



... of a racial, ethnic, religious, social, or political group; the ability to transmit the above to succeeding generations; dynamic in nature.

Culture

Culture is akin to being the person observed through a one-way mirror; everything we see is from our own perspective.



It is only when we join the observed on the other side that it is possible to see ourselves and others clearly – but getting to the other side of the glass presents many challenges.

(Lynch & Hanson, 1992, "Developing Cross Cultural Competence")

Culture is...

- applicable to all peoples
- active & dynamic
 - changes over time
 - changes with migration
 - changes to meet new challenges to group
 - changes through interactions with other groups
 - changes based on climate



Culture is...

multi-layered



- at personal, family, community level
- home, school, work/profession levels



Culture is...

- malleable over time
- always considered within a context



Culture ...

- structures perceptions
- shapes behaviors
- is the total way of life it tells group members how to behave and provides their identity



An Iceberg Concept of Culture

dress ≜ age
gender ≜ language
≜ race or ethnicity ♣

physical characteristics

▲ eye behavior ▲▲ facial expressions ▲

Adapted by the NCCC

A body language Asense of self A gender identity A notions of modesty Aconcept of cleanliness

- ▲ perceptions of mental health, health, illness, disability ▲ patterns of superior and subordinate roles in relation to status by age, gender, class ▲ sexual identity & orientation ▲

and much more...

An Iceberg Concept of Culture

The iceberg concept of culture is widely used and available in the public domain, for example see:

Culture Matters www.peacecorps.gov

or

www.genderandpeacekeeping.org

Cultural Factors That Influence Diversity Among Individuals and Groups

Internal Factors

- Cultural/Racial/Ethnic Identity
- Tribal Affiliation/Clan
- Nationality
- Acculturation/Assimilation
- Socioeconomic Status/Class
- Education
- Language
- Literacy
- Family Constellation
- Social History
- Perception of Time

- Health Beliefs & Practices
- Health Literacy
- Perception of Disability
- Perception of Mental Health
- Age & Life Cycle Issues
- Gender & Sexuality
- Sexual Orientation & Identity
- Religion & Spiritual Views
- Spatial & Regional Patterns
- Political Orientation/Affiliation

Cultural Factors That Influence Diversity Among Individuals and Groups

External Factors

- Institutional Biases
- Racism & Discrimination
- Community Economics
- Intergroup Relations
- Group & Community Resiliency

- Natural Networks of Support
- Community History
- Political Climate
- Workforce Diversity
- Community Demographics