



INFUSING CULTURAL & LINGUISTIC COMPETENCE IN HEALTH PROMOTION TRAINING

GROUP ACTIVITY – SHARING CROSS-CULTURAL TRAINING EXPERIENCES

1. Break the audience into small groups of no more than 5 or 6. Ask each group to discuss the following:
 - What experiences have you had in training participants from a cultural background different than your own (race, ethnicity, age, profession, socioeconomic level, religion, language, etc.)?
 - What successes did you have?
 - Why did the content and approaches for training work well?
 - What challenges did you encounter?
 - What helped and what made it worse?

Give the small groups about 12-15 minutes to share with each other. Bring the groups together and ask for a few members of the audience (4 or 5) to share a successful experience and then ask a few to share challenges. Ask the entire audience if others have had similar experiences. Time permitting ask others to share their similar experiences, and if there are time constraints use a show of hands.

2. Ask audience members to write three - five *lessons learned* that they feel are most important when conducting cross-cultural training. It is helpful to use multi-colored paper and markers for this activity. Ask the audience to post the lessons learned on the wall or other surface that can be easily viewed. Use a facilitated, consensus building process to group the *lessons learned* into categories. Use the results as a resource and handout for future training activities.
3. Ask the audience members if they have had experience in conducting health education and promotion for non-English or limited English speaking populations. Ask the audience to share successes and challenges. Engage the audience in a discussion to identify key strategies and approaches when working with interpreters to:
 - provide health promotion information at the individual or family level.
 - conduct group health promotion activities when the audience is monolingual (non-English speaking).
 - conduct group health promotion activities when the audience consists of English speakers and limited English proficient individuals and families.

If you are using these activities in conjunction with the DVD, utilize the shared experiences to introduce the next section of training—Cultural and Linguistic Competence Frameworks—by suggesting that participants remember these experiences and think about them during the rest of the training experience.